**Shri Ram & Hanumanji Shlokas**

**Ramya Rama Bhadraya**

Ramaya Rama Bhadraya

Ramachandraya Vedase

Raghu Nathaya Nathaya

Sitaya Pataye Namaha

रामाय रामभद्राय रामचंद्राय वेधसे ।

रघुनाथाय नाथाय सीतायाः पतये नमः ॥

To the great Rama, Raghunatha, Ramabhadra (Different names to Lord Rama) the Lord who is the consort of Goddess Seethu, my salutations to you.

**Sri Rama Rama Rameti**

Sri Rama Rama Rameti

Rame Raame Manorame

Sahasra Nama Tat Tulyam

Rama Nama Varanane

राम राम रामेति रमे रामे मनोरमे ।

सहस्रनाम तत्तुल्यं रामनाम वरानने ॥

I do meditation upon Sri Rama as Sri Rama Rama Rama, the thrice repetition of Rama's name is equal to the Recitation of thousand names of Lord Vishnu (Vishnu Sahasranama).

**Mano Javam Maarutatulyavegam**

Mano Javam Maaruta Tulya Vegam

Jitendriyam Buddhi Mataam Varishtham

Vaata Atmajam Vaanara Yuutha Mukhyam

Shriiraama Duutam Sharannam Prapadye

मनोजवं मारुततुल्यवेगं

जितेन्द्रियं बुद्धिमतां वरिष्ठ ।

वातात्मजं वानरयूथमुख्यं

श्रीरामदूतं शरणं प्रपद्ये ।

(I take Refuge in Sri Hanuman)

1: Who is Swift as the Mind and Fast as the Wind,

2: Who is the Master of the Senses, and Honoured for His Excellent Intelligence, Learning and Wisdom,

3: Who is Son of the Wind God and Chief among the Vanaras (Who were part of the Devas incarnated in the species of the monkeys to serve Sri Rama during His Incarnation),

4: To that Messenger of Sri Rama, I take Refuge (by prostrating before him).

**Eka Sloki Ramayan**

Aadho Rama thapo vananu gamanam, Hathwa mrugam kanchanam,

Vaidehi haranam, jatayu maranam, Sugreeva sambhashanam,

Vali nigrahanam, samudhra tharanam, Lanka pureem dahanam,

Paschad Ravana Kumbha karna madanam, Ethat ithi Ramayanam"

Once Rama went to forest, He chased the deer, Sitha was kidnapped, Jatayu was killed, There were talks with Sugreeva, Vali was killed, The sea was crossed, Lanka was burnt, And later Ravana and Kumbha karna,Were also killed. This in short is the story of Ramayanam.

**Apadam Apahartaram**